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Frozen 2 Family Discussion Guide

“Do The Next Right Thing”

A theme throughout the movie is “Do the next right thing”. Basically, even if you don’t know the final big solution, just do the next right thing in front of you. Anna was overcome with grief about Elsa but she did the next right thing by putting one foot in front of the other.

Read or retell the story of Joseph in Genesis 37, 39-41 (or read in a [Bible storybook](#))

Joseph had it rough. He was sold as a slave by his brothers and then was thrown in jail. But in every situation, he did the best he could do in each problem and those around him (and God!) rewarded him. He didn’t know the final solution to his problem but He knew God did. So, he just did the “next right thing” everywhere he went.

Family Activity: Go on a “Next Right OR Left” journey! Pick 1 spot in your house or yard to visit. Now pick a starting point far from your destination. Begin by rolling a dice. Depending on what you roll, turn right or left and take 5 steps to get to that destination. Continue rolling the dice, turning that direction and walking 5 steps. See if you can get to your final stop!

Roll a 1, 3 or 5: turn LEFT

Roll a 2, 4 or 6: turn RIGHT

When you’re done talk about how it was hard to get where you wanted when you couldn’t pick the correct direction. Explain that doing what’s right is a choice (sometimes a hard choice!), you can’t just go with the flow or leave it up to chance.

More fun: Watch Veggie Tales’ [Little Joe](#) or [Joseph: King of Dreams](#) to see a fun retelling of Joseph’s life. The [Born To Be Brave Tour](#) (for dads and tween boys) teaches about doing the “next right thing”--if it comes to your city, you need to take your son!

Elsa's Quest

Elsa is certain that she has to find the source of the song she keeps hearing. She goes through dangers (lots of them!) to find it. Once she actually finds it, she still encounters danger and even some heart-breaking news. However, she doesn't stop searching.

Read [Matthew 7:7-11](#).

Jesus tells his disciples (and us!) to ask and seek and knock for what we need from our Heavenly Father. If we are faithful to keep knocking and asking and seeking, God will answer us in the best way!

Family Activity: Collect as many pieces of paper as you have doors in your house. Let everyone write Matthew 7:7 (or at least ASK SEEK KNOCK) on each one. Then, attach to each door. As you see the signs, knock on the door loudly and say, "Thank you for giving me good gifts, God!"

You can also write a few prayer requests on the different doors and use them as reminders to keep asking/seeking/knocking for God to answer.

More fun: Listen to Seeds Family Worship's [Matthew 7:7](#) and memorize this verse!